

KEISER STRENGTH

LOWER BODY MACHINES



**DYNAMIC POWER WITHOUT
SHOULDER LOADING**

A300 BELT SQUAT

Model 1550

PUSHING THE LIMITS OF HUMAN PERFORMANCE

At Keiser, we're constantly innovating to reach the next level of human performance. We're never satisfied with the status quo. Even if it's our status quo. Because... Strong can be stronger. Fast can be faster. Power can be more powerful. Because science is on our side. **Because... 'Good Enough' Isn't.**

KEISER

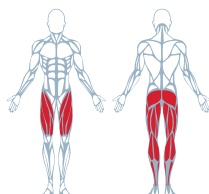
KEISER STRENGTH

Only Keiser's **Dynamic Variable Resistance** safely builds strength at any speed, which is the key to building maximum power [Force x Velocity]. Keiser strength machines enable you to develop power, and Power is the key to Performance.

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EXPLOSIVE IMPROVEMENT

Build explosive hip and leg strength against as much as 800 pounds of resistance without the resistive load passing through your shoulders and spinal column. It is especially beneficial for taller people, because it eliminates column loading of the spine. Pivoting handles accommodate exercisers from 4'8" to 7' tall. The wide base and optional Deadlift Bar allow for multiple training possibilities. Perfect for any athlete looking to improve their explosiveness — from pitchers, to linemen, to basketball players.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.



Visit [keiser.com](https://www.keiser.com) to learn more.

FEATURES

- Perform different squat movements with the accessories kit
- No shoulder or spine loading
- Up to 800 lbs / 363 kg of resistance at the push of a button
- New wider base offering diverse programming opportunities and training at optimal speed
- Pivoting handles to accommodate users of all heights (including 7 ft / 2.1 m)
- Large digital displays with resistance and counted repetitions
- Smooth Keiser **Dynamic Variable Resistance**

SPECIFICATIONS

HEIGHT: 68" / 1727 mm

WIDTH: 48" / 1219 mm

DEPTH: 61" / 1549 mm

WEIGHT: 585 lbs / 266 kg

RESISTANCE RANGE:
0 - 800 lbs / 0 - 363 kg